Presented by

Come to Red Lodge Mountain and GET READY TO RACE!!

DECEMBER 7-11, 2020

WHAT YOU GET:

- GS and slalom training (technique and tactics)
- Free-skiing drills
- Daily video analysis
- Après-ski social events
- Race ski demos through Ski Boot RX, discounted for purchase at the end of the camp
- New! Presentation: “Mastering the Mental Side of Ski Racing” by Josh Chilton, Silver Run board member and sports science expert
- New! Presentation: “Trends In Race Skis – how to pick the right skis for masters slalom, GS, Super G and downhill.”
- “World Cup Winning Runs” video presentation with coaches’ analysis
- Maximum 8:1 Athlete to coach ratio
- Maximum participants: 32 per day
- US Ski & Snowboard-sanctioned masters GS race at the end of the camp
- Proceeds from the camp support the Silver Run Ski Foundation. Thank You!

COACHING STAFF:


Jeremy Wolf: Silver Run Head Coach. Former FIS-level racer. USSS-certified coach. Has also coached at Schweitzer and at Rocky Mountain College (multi-time USCSA national champs).

Mark Selby: USSS Level 200 and PSIA Level 2 coach, 24 years coaching experience, 18 years Silver Run Coach, all ages/abilities; ski gear + tuning guru

Cole Greer: USSS Level 300 coach and TD. Former US Ski Team coach. Has also coached at Bridger Bowl, Red Lodge, MSU-Bozeman, Sugar Bowl, Alpine Meadows and Squaw Valley, at the junior, Nor Ams and FIS levels. 30+ years coaching experience. Former FIS and college racer.
**SCHEDULE:**

**Sunday, Dec 6:** Welcome reception, 6pm-8pm, at The Pollard Pub. Hors d’oeuvres provided by Silver Run Ski Club.

**Monday, Dec 7:** SL free-skiing drills (a.m.). SL training (p.m.). Presentation, “Trends in Race Skis”, and welcome dinner at the home of Jack and Lisa Ballard.

**Tuesday, Dec 8:** SL training (a.m.). SL training (p.m.). Dinner followed by “World Cup Winning Runs” presentation at Red Lodge Pizza Company.

**Wednesday, Dec 9:** GS free-skiing drills (a.m.). GS training (p.m.). Dinner, followed by the presentation, “Mastering the Mental Side of Ski Racing”, at the home of Todd and Maggie Vralsted.

**Thursday, Dec 10:** GS training (a.m.). GS timed runs (p.m.). Group dinner, followed by the presentation, “The Rules of Ski Racing”, at the home of Kevin Cuddihy.

**Friday, Dec 11:** US Ski & Snowboard-sanctioned masters GS Race. Afternoon departure.

**COST:**

**ONLY $365!**

Camp tuition includes your race entry fee!

Camp tuition does not include transportation, lift tickets, lodging and a US Ski & Snowboard (USSS) masters license. Note: A USSS license is not required to participate in the camp, but it is required to enter Friday’s GS race. If you are not a member of USSS, the camp staff will assist you in either joining (recommended if you are planning to go to additional masters races this winter, $135) or obtaining a one-day “short-term” license ($35).

**Late Registration Fee** (after November 7th): Add $100 or $25 per day, unless you were put on the wait list prior to November 7th and are given a spot that has opened up.

**Discounted tuition for current Silver Run Masters Racers:**

*Note: Your 2020-21 club membership must be paid prior to camp registration.*

- Punch cards: No discount
- 1-Day Program: $335
- Multi-Day and 2-Day Program: $285

**Can only come to part of the camp?**

No problem! We will pro-rate your camp tuition based on the number of days you can attend: $95 per day for training days. Entry fee only ($35) on race day.

**LIFT TICKETS:**

Red Lodge Mountain offers discounted multi-day lift tickets which can be purchased at the ticket window or even cheaper on-line ([www.redlodgemountain.com](http://www.redlodgemountain.com)). Estimated cost for a 5-day lift ticket based on 2019-20 rates:

- Adults (18-64): $320
- Seniors (65-69): $248
- Super Seniors (70+): $104
RECOMMENDED LODGING:

Silver Run has room blocks for the camp at the following hotels. Mention “Silver Run”:

**The Pollard Hotel**: Historic hotel in the heart of Red Lodge. 30% off published room rates. Breakfast available at 6am (not included in room rate). See website for menu and room info. www.thepollardhotel.com, 406-446-0001.

**Yodeler Motel**: Conveniently located at the bottom of the ski area access road. Easy walk to town. $95 per night + tax. www.yodelermotel.com, 1-406-446-1435.

Room blocks end November 6, 2020. After that, rooms are available at the room-block rate if available.

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com
Vanessa Selby, Program Director, Silver Run Ski Club, T. (406) 208-1875, silverrunski@gmail.com

Sign up at [www.SilverRunSki.com](http://www.SilverRunSki.com)

Registration opens to the public on September 2, 2020.

Thank you camp sponsors!