



MID-ATLANTIC MASTERS RACE CAMP

Presented by



JANUARY 5-8, 2021 AT WEST MOUNTAIN, NEW YORK

WHAT YOU GET:

- 2 days of GS training: Technique, tactics, timed runs
- 2 days of slalom training with progressions through brushes, stubbies and full gates
- Daily video analysis
- Daily door prizes
- Maximum participants: 28
- Maximum coach-athlete ratio: 1:7
- Chance to train on the race hill for the 2021 Phillips 66 Eastern Masters Championships!
- Proceeds from the camp support Mid-Atlantic Masters. Thank you!

COACHING STAFF:



Lisa Ballard



Doug Tucker



John Pierce



John Jacobs

Lisa Ballard, Camp Director: 2020 FIS Masters SG and Women's Class 6 champion! 2020 Canadian Masters Grand Champion. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). Former member, US Ski Team. Former member, Dartmouth Ski Team. 30 years coaching experience. Former ski analyst/commentator, ESPN and other networks. Author, *Ski Faster! Guide to Racing & High Performance Skiing*.

Doug Tucker: 9X US Alpine Masters Champion. 30+ years coaching experience, including college and masters. Coaching experience includes Killington Mountain School, Green Mountain Valley School, Okemo Mountain School, plus numerous race camps worldwide.

John Pierce: FIS, NCAA and Masters competitor with multiple titles; US Ski & Snowboard-certified coach; 25+ years coaching experience; director and coach at various clinics and camps; Head Coach, Mountain Creek; NJSRA Masters Rep.

John Jacobs: Co-founder/Chief of Course, World Pro Ski Tour; Former pro ski racer; US Ski & Snowboard Technical Delegate (TD) and coach; Former member, Middlebury Ski Team. NCAA All-American. Director of Development & Sales, Reliable Racing Supply.

SCHEDULE:

Monday, Jan 4 (evening): Camp check-in, 6-8pm, Queensbury Inn. Pick up your camp gift. Get info. Meet the coaches.

Tuesday, Jan 5: GS free-skiing drills and gate training.

Wednesday, Jan 6: GS training (morning). GS timed runs (afternoon).

Thursday, Jan 7: Slalom free-skiing and drills. Progression to full gates.

Friday, Jan 8: Slalom training (morning/afternoon). Departure after skiing.

COST*:

Early Bird Registration (before December 12, 2020): **Only \$499!**

Regular cost (December 12, 2020 or later): **\$599**

Can only come to part of the camp? We'll prorate your camp tuition based on the number of days you can attend: **\$125 per day** (\$150 per day if you register December 12, 2020 or later).

**Camp tuition does not include lodging, meals and lift tickets. (See below.)*

LODGING DEALS:

Room blocks are available at the following hotels:

Queensbury Inn



\$89 per night (queen bed or king bed)

Includes grab-and-go breakfast.

Cancel up to 4pm the day before arrival.

Call 518-792-1121 (press 1). Mention you're with the Mid Atlantic Masters, or book online at online on the hotel's [group reservations page](#). Code: MAMRACE

Holiday Inn Express & Suites Queensbury Lake George Area



1 King bed: \$89 per night

2 Queen beds: \$99 per night

Includes hot grab-and-go breakfast.

Cancel up to 24 hours in advance.

Call 518-415-1888 or book online on the hotel's [group reservations page](#). Code: MAMRACE

Note: Room blocks at both hotels will be released December 14, three weeks prior to arrival. After that, rooms are available at the camp rate at the discretion of the hotel.

LIFT TICKET DEAL:

Discounted lift price for non-season's passholders: \$45 per day. Available directly from West Mountain which will have a list of participants.

CANCELATION POLICY:

If **Mid-Atlantic Masters** cancels the camp due to COVID-19, weather or for any other reason, your camp fee is fully refundable, minus credit card processing fees, if you paid by credit card.

If **you** need to cancel participation in the camp for any reason prior to December 12, your camp fee is fully refundable, minus credit card fee processing fees if you paid by credit card. If you cancel on December 12 or later, your camp fee is refundable only if your spot is filled by another racer (less credit card fees), otherwise only 50% of your camp fee is refundable.

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com

Carol Tomassetti, Chair, Mid-Atlantic Masters, T. 845-594-9045, carolcartom@gmail.com

Sign up at [SkiRaceReg.com](https://www.SkiRaceReg.com)